BACK TO THE BASICS

Empower yourself and understand your condition so that you can make the best health care choices

Guest speaker: Nurse Iola Williams
Saturday, February 28, 2009
10:00 AM – 12 noon

Where: 4301 Garden City Drive (UCFW 400 Building-Metro 400)
Hyattsville, MD 20785

Lower Level (Activity Room follow signs)
Close to the New Carrollton Metro and ample parking!

presented by
Families Advocating for Children and Adults with Sickle Cell Disease

See other side for directions
Call Ella Cook at 202-246-6485 or Sade Akereyeni at 202-294-5423 for questions.
**Metro travel assistance available call for details**

Sponsored by the Sickle Cell Association of the National Capital Area, Inc, (SCANCA), Faces of Our Children, Inc, and the District of Columbia Greater Access to Sickle Cell Disease, Howard University (DC-GAPS)
From Capital Beltway (I-495/I-95)
Merge onto US-50 W via EXIT 19B toward WASHINGTON
Take the GARDEN CITY DR exit- EXIT 6- toward ARDWICK ARDMORE RD / METRO &
AMTRAK STATION
Stay STRAIGHT to go onto GARDEN CITY DR / MD-950.
4301 Garden City Drive (Metro 400 - UCFW building) will be on your right.

From Washington, DC (Rt. 50 East)
Follow US-50 East, crossing into Maryland.
Merge onto MD-410 E / EAST-WEST HWY via EXIT 5 toward ARDWICK ARDMORE RD.
Turn LEFT onto PENNSY DR.
Turn LEFT onto CORPORATE DR.
Turn RIGHT onto GARDEN CITY DR / MD-950.
4301 Garden City Drive (Metro 400 - UCFW Building) will be on your right.

From New Carrolton Metro (on foot)
Exit the metro station to your right. Walk by the parking garage to the main street, Garden City Dr. Turn LEFT on GARDEN CITY DR and walk one block. 4301 Garden City Drive (Metro 400 - UCFW Building) will be on your right.